

FINDING YOUR Talent DNA



LEARNING WHO YOU ARE SO YOU CAN BECOME WHO YOU ARE SUPPOSED TO BE

Perfect for: Individuals and Teams, Administrative Professionals,
Budding Leaders, Middle Managers, Operations

Are you self-aware? Do you know your own tendencies, habits and innate needs? Do you know the tendencies, habits, and innate needs of those you work with every day? Do you know how to communicate with people who are "not like you?" These are the essential questions we must ask ourselves when we want to relate, collaborate and innovate with individuals or teams within our organizations.

Self-aware people are more successful, more confident, build better relationships, and are more effective leaders. They believe in authenticity and constant growth. Those with awareness of others can catapult their careers to another level with ease and grace. Are you ready to become limitless?

**Workshop requires individuals to take the CliftonStrengths Assessment.*

About Monique

Monique will help your audience understand and utilize their innate talents, master their communication, conquer their organizational roadblocks, and build powerful relationships that will actually progress their career. Her experience as the Executive Assistant, Producer, and "Chief of Simon Sinek" paved the way for her practical and honest approach to change, teamwork, conflict and communication!

PLEASE CONTACT MONIQUE@MONIQUEHELSTROM.COM FOR PRICING & AVAILABILITY.

KEY SESSION LEARNINGS

- *Identify & accept the natural strengths and innate abilities within yourself so you can amplify and sharpen them.*
- *Identify & accept the natural strengths and innate abilities of your team so you can collaborate with ease and excellence*
- *How to use your collective strengths and weaknesses to build an unstoppable team;*
- *Communicate authentically and effectively using your skills as a baseline for success;*
- *Create new habits that last, and rid your team of those that don't serve you.*

WORKSHOP: 2-HOUR AND 3-HOUR
Participant # dictates length & price
PRIVATE COACHING AVAILABLE